

PONDICHERRY INSTITUTE OF MEDICAL SCIENCES

(A Unit of The Madras Medical Mission)



UNDER GRADUATE (MBBS) BATCH 2024

STUDENT BROCHURE



ABOUT US

Pondicherry Institute of Medical Sciences warmly welcomes you into the family. We hope the time you spend with us will be fruitful and prepare you for an exciting, fulfilling career as a competent and complete medical professional and function as an effective leader of a health team engaged in health care, research and training.

OUR MOTTO: “To Reach the Unreached”

Pondicherry Institute of Medical Sciences, a Christian Minority Institution aims “To Reach the Unreached” in the community through compassionate practice in the profession of medicine through committed teaching and advance in the science of medicine through constant research.

VISION:

The vision of Pondicherry Institute of Medical Sciences is to serve the community through holistic health services and an excellent system of education where we follow the defining principles of ethics, excellence, care and research, in line with our motto “To reach the unreached”.

OUR MISSION IS TO:

- Provide excellent health services to the community.

- Provide quality education to our students to make them holistic health care providers, who will practice their profession with ethics, empathy, compassion & excellence.
- Educate the community around us on how to prevent diseases and improve their quality of life with the available resources.
- Conduct excellent, ethical research which helps in enhancing the knowledge of diseases, its treatment and prevention.
- We will achieve excellence in holistic care, education and research within the frame work of Christian ethical values.

VALUES

We, at P.I.M.S constantly endeavor

- To serve those seeking our expertise with altruism, excellence, integrity and respect.
- To be accountable for every action, regardless of the position we hold.
- To educate our students to-
 - ❖ Work as a team
 - ❖ Communicate well with the team, the patients and their relatives
 - ❖ Apply the knowledge and ethical principles they have learnt
 - ❖ Empathize with those seeking their help.
- To follow ethical research practices that will benefit the community in prevention and treatment of disease. To join hands with one another in the Institute and with the outside world so that research can benefit the community at large.
- To conserve resources and to follow all the principles of preserving the environment.

We believe in team work to provide excellence in patient care, education and research.

THE BEGINNING

Pondicherry Institute of Medical Sciences is the outcome of the vision of The Madras Medical Mission to create a medical school offering innovative medical

education with international participation. The aim is to produce health professionals with a commitment not only to provide high quality medical care but also do research to prevent and alleviate disease processes. The hospital and college are set up in serene environment of greenery on the East Coast Road near seacoast, 12 miles north of Pondicherry town, the land of Auroville and Aurobindo Ashram enriched with French traditions. The then Honorable Home Minister of India Sri L .K. Advani laid the foundation of the hospital and college building on 12th July 2000. The Emergency Block was inaugurated on March 8, 2001 by the then Chief Minister of Pondicherry Thiru.P.Shanmugam and the hospital units started functioning from October 2001. All specialty departments of the hospital started functioning from January 2002.

DEVELOPMENT

In the first phase a hospital and college was developed within a span of two years to provide health care, community outreach programmes and medical education. The college and hospital spread across 45 acres of land close to the Bay of Bengal, has separate buildings constructed for Basic Sciences, outpatients and inpatients. The hostels for students are in the same campus which also has recreational facilities.

In the next stage of its growth, the hospital expanded to provide specialized treatment facilities in all super specialties and established a college of Nursing.

At present, the institution also offers postgraduate programmes in all disciplines with emphasis on education, research and treatment with international inputs to give the best care to the people from India and abroad. The hospital at present has 740 beds and is to be expanded to 1000 beds in the coming years.

EDUCATION AT PIMS

Our institute has undergraduate and post graduate medical students with a vision of training them in all aspects of life. The students are encouraged to participate in sports, cultural, religious and academic activities both intramural and extramural with strong emphasis on ethics. Our faculties are from across India and help in nurturing our students to become competent medical professionals to contribute to the health needs of the community and provide

holistic service to the community. A mentorship program is also in place to support the students.

PIMS is a home away from home for all those who study and work here.

COMMUNITY HEALTH PROGRAMMES

Consistent with our motto to reach the unreached, PIMS has established various Community Health Outreach centers; Lawspet Urban Health centre, Rural Health Centre, Anichakkuppam and the Chunampet Rural Health Centre. As our social responsibility, we are also aiding the government in running their Primary Health Centres at Muthialpet, Kalapet & Alankuppam (Sub centre).

GOVERNING BODY & ADMINISTRATORS

OFFICE BEARERS OF THE MADRAS MEDICAL MISSION

Hon. Vice President	Mr. Joseph Abraham Kandathil
Hon. Secretary & Chairman-PIMS	Adv. Mr. Arun Kurian Joseph
Hon. Treasurer	Mr. T.A. Eapen

PONDICHERRY INSTITUTE OF MEDICAL SCIENCES

EXECUTIVE COMMITTEE

Director-Principal	Prof. (Dr). Renu G'Boy Varghese
Medical Superintendent	Prof. (Dr). Peter Manoharan C
G. M. (Finance)	CA. P. George Thomas
Registrar	Prof. (Dr). Anil Jacob Purty

MEDICAL COLLEGE

Vice-Principal (UG)	Prof. (Dr). Nishanth Rajan
Deputy Vice-Principal (UG)	Dr. Sujatha M.P
Vice-Principal (PG & Research)	Prof. (Dr). P. Stalin
Deputy Vice-Principal (PG & Research)	Dr. Aparna Muraleedharan
Co-ordinator - MEU	Prof. (Dr). Nayyar Iqbal
Deputy Coordinator, MEU	Prof. (Dr.) Sivaa R
Assoc. Registrar	Prof. (Dr). N. Murugan
Student Counsellor	Mrs. Julie Ashok

HOSPITAL

DMS (Pharmacy)	Prof. (Dr). Pradeep Thilakan
DMS (Laboratory)	Prof. (Dr). Sunil Kumar Nanda
DMS (Outreach)	Dr. A. Velavan
DMS (Emergency Service)	Dr. Achu Jacob Philip
NABL-Laboratory Director	Prof. (Dr). Shashikala
NABH- Co-ordinator	Prof. (Dr). P. P. Lingam
NAAC- Co-ordinator	Prof. (Dr). Subhasis Das
Nursing Superintendent	Mrs. Kalaivani K.
Sr. Deputy Nursing Superintendent	Mrs. Sahaya Mary Michel.

1. List of Faculty Members

ANATOMY		
Professor	Dr. Rema Devi	Dr. Virendar Kumar Nim
	Dr. Nutan Nalini Bage	Dr. Magi. M.
Associate Professor	Dr. S. Jayagandhi	Dr. Aparna Muraleedharan
	Dr. Shanthini S	
PHYSIOLOGY		
Professor	Dr. Subhasis Das	Dr. Paramita Bhattacharyya
	Dr. Rajesh Jeniton Fernando	
Associate Professor	Dr. Sathya G R	Dr. Sathiyamoorthy
	Dr. D.Rekha	Dr. Karthika Jyothish. U
Assistant Professor	Dr. Jalli Shanti Sudha	
BIOCHEMISTRY		
Professor	Dr. Sunil Kumar Nanda	Dr. Sivaa R.
Associate Professor	Dr. Sujatha M.P	
Assistant Professor	Ms. Meenakshi	Dr. Kalpana Mohandas
	Dr. Ramachandran T	
PATHOLOGY		
Professor	Dr. Moses Ambroise M.	Dr. Renu G'Boy Varghese
	Dr. Manjiri Phansalkar	Dr. C. M. Kiran
Associate Professor	Dr. Anand	Dr. Gayathri Priyadharshini
	Dr. Kevin Manuel	
Assistant Professor	Dr. Indira Gunasekaran	
MICROBIOLOGY		
Professor	Dr. Shashikala	Dr. Sheela Devi

	Dr. Sandhya Bhat	Dr. Johny Asir
	Dr. Vivian Joseph Ratnam	
Associate Professor	Dr. Sujitha E	Dr. Arthi E
	Dr. Patricia Anita K	Dr. Meghna C
PHARMACOLOGY		
Professor	Dr. Isabella Topno	Dr. A. C. Jesudoss Prabhakaran
	Dr. C. H. Manjunatha	
Associate Professor	Dr. Aravinda Kumar B	
Assistant Professor	Dr. Sathya Ruban	Dr. Dharam Prasath D
FORENSIC MEDICINE		
Professor	Dr.Sunil Subramanyam	Dr. Sajeew Slater
Assistant Professor	Dr.Varun Krishna B	Dr. Rajajram P.

COMMUNITY MEDICINE		
Professor	Dr.Rajesh Kumar Konduru	Dr. Anil Jacob Purty
	Dr. Joy Bazroy	Dr. Murugan N.
	Dr. P. Stalin	
Associate Professor	Dr. A. Velavan	
Statistician cum Associate Professor	Dr. M. Manikandan	
Assistant Professor	Dr. Roselin M	Dr. Saranya R.
OTORHINOLARYNGOLOGY		
Professor	Dr. Sithananda Kumar @ Venkateshan R	Dr. Rajarajeswari N
	Dr. Lakshana Deve V.M	
Assistant Professor	Dr.Sivaranjini V	
OPHTHALMOLOGY		
Professor	Dr. Hannah Ranjee Williams	Dr. Amod Hansdak
Associate Professor	Dr. Veni Priya	
Assistant Professor	Dr.Karthiga I	Dr.Hemapriya
	Dr.Jefila J	
GENERAL MEDICINE		
Professor	Dr. Nayyar Iqbal	Dr. Vasanthi N.
	Dr. R. P Swaminathan	Dr. Joseph Vimal R S
Associate Professor	Dr.Vikas Raj	
Assistant Professor	Dr.Louis Ferdin Zeno	Dr.Rangaramanujanaidu
	Dr. Balasundaram R	Dr.Johnson O
	Dr.Kailash	Dr. Moukthika Kolla
	Dr. Ravindhra Bharathi	Dr. L R Srinivasa Guptha
RESPIRATORY MEDICINE		
Professor	Dr. Jackin Moses	

Associate Professor	Dr.S.Antonious Maria Selvam	
Assistant Professor	Dr. Arun Prasath R.	Dr. Pinkutty Sagar
	Dr.Sebin John Thampan	
PSYCHIATRY		
Professor	Dr. Pradeep Thilakan	Dr. Susan Solomon
Associate Professor	Dr. Parthasarathy R	
Assistant Professor	Dr. Rohit Balakrishnan	Dr. Sandesh Venu
	Mr. Saravanan (Psychologist)	
DERMATOLOGY, VENEROLOGY & LEPROSY		
Professor	Dr.M.Rangaraj	
Associate Professor	Dr. Trishna Vaishali M	
Assistant Professor	Dr. Nithiyaa P.	
PAEDIATRICS		
Professor	Dr. Peter Prasanth K K	Dr. Nishanth Rajan
	Dr. Priya Jose	
Assistant Professor	Dr. Umamageswari	Dr.Bhavani Sundar
	Dr.Nandini Vasudevan	Dr. Srivijayalakshmi
	Dr.Janani G	Dr. Sreedeeep K S
OBSTETRICS & GYNAECOLOGY		
Professor	Dr. Mary Daniel	Dr. Padma A
	Dr. Lal Bahadur Palo	
Assistant Professor	Dr.Pavithra Devi	Dr.Priyadharshini V
	Dr.Kiruba H	Dr.Jenni V
	Dr.Tanvi Gupta	Dr. Nivedhitha G R
GENERAL SURGERY		
Professor	Dr. Jacob Jayakar	Dr. Peter Manoharan C.
	Dr. Ashwin Chand	Dr. P. Nirmal Kumar
Associate Professor	Dr.Vignesh Kumar S	Dr. Achu Jacob Philip
Assistant Professor	Dr.Dharmendra M Yadav	Dr.Anil Kumar T
	Dr.Sandeep Samson	Dr.Surya Ram.G.K
	Dr.Irshad Ahamed	Dr. Ariganesan
	Dr. Sathish Kumar R.	
ORTHOPAEDICS		
Professor	Dr. Prince Solomon	
Associate Professor	Dr. Naveen Sake	
Assistant Professor	Dr.Dharunraj V	Dr. Shyam Sunder
	Dr. Dilip Stivart	Dr. Ponnivalavan K.
	Dr.Ajay James P	Dr.A. Irfan Sherif
	Dr.R.Goutham Kumar	
ANAESTHESIOLOGY		
Professor	Dr. Sivakumar S.	Dr. Ramyavel T

	Dr. Arish B T	
Associate Professor	Dr.M.V.Vidya	
Assistant Professor	Dr.Amoolya Kamalnath	Dr. Abinaya R
	Dr. Anis Fathima	Dr.Priyanga K
	Dr.Eashwar Neelakandan	Dr.Nirmalraj R
	Dr.Kanchanaa S P	
RADIO DIAGNOSIS		
Professor	Dr. Dilip Shankar Phansalkar	
Associate Professor	Dr. Gopinath L	
Assistant Professor	Dr.Joseph Manuel	Dr. Prithigaa R.
	Dr.Selva Micheal Papou.J	Mr. Senthil Prakash

DENTISTRY		
Professor	Dr. Sajani R	
Associate Professor	Dr. Rajaram	
Assistant Professor	Dr. Pazhaniswamy M.	Dr. Karthikai Velan
CARDIOLOGY		
Consultant	Dr. Mark Christopher A	Dr. Baskaran S
CTVS		
Associate Professor	Dr. Sanjay R. Nair	
Assistant Professor	Dr. Nirmal Kumar	
NEUROLOGY		
Professor	Dr. S. Ramesh Kannan	
Assistant Professor	Dr. Shobana Sundaram	
PLASTIC SURGERY		
Professor	Dr. Vijay J.	Dr. P. P. Lingam
NEPHROLOGY		
Assistant Professor	Dr.Ramachandran N.	
PAEDIATRIC SURGERY		
Associate Professor	Dr. Monika Nanda Menon	
UROLOGY		
Consultant	Dr. Chandrasegar P	

CONTACT DETAILS OF ADMINISTRATORS

Name	Designation	Email ID & Mobile Number
Dr. Renu G'Boy Varghese	Director-Principal	renugboy@gmail.com 9894436753

Dr. Anil J Purty	Registrar	purtyanil90@gmail.com 9442233460
Dr. Peter Manoharan C	Medical Superintendent	peternirmala@yahoo.com 9447591100
Dr. Murugan N	Associate Registrar	drmurugannatesan@gmail.com 9360307344
Dr. Nishanth Rajan	Vice – Principal (UG)	nishanth_paeddr@icloud.com 9894930987
Dr. Sujatha M.P	Dy. Vice Principal (UG)	drsuj85@gmail.com 9790426438
Dr. P. Stalin	Vice – Principal (PG & Research)	stalinprabakaran83@gmail.com 9677024644
Dr. Aparna Muraleedharan	Dy. Vice Principal (PG & Research)	aparnamuraleedharan18@gmail.com 8940143403
Dr. Nayyar Iqbal	Co-ordinator (MEU)	drinayyar@gmail.com 9629180164
Dr. Sivaa R.	Dy. Co-ordinator (MEU)	drsivaar@gmail.com 9894302300
Dr. Pradeep Thilakan	DMS (Pharmacy)	thilakanpradeep9@gmail.com 8220649950
Dr. Sunil Kumar Nanda	DMS (Laboratory)	sknanda1@gmail.com 8489269650
Dr. A. Velavan	DMS (Outreach)	velu.anand13@gmail.com 09894078814
Mrs. Kalaivani K	Nursing Superintendent	kalaikadir23@gmail.com 9600234706
Mrs. Sahaya Mary Michel	Sr. Deputy Nursing Superintendent	sagayamary1968@gmail.com 9442992024
Mrs. Julie Ashok	Student Counsellor	9751075937

Sl.No	Wardens Name	Designation	Email ID & Mobile Number
1	Rev.Fr.Jobby George	Resident Warden (Men's Hostel)	frjobymgeorge@gmail.com 6384840815
2	Dr. Priya Jose	Warden (Women's Hostel)	drjose.priya@gmail.com 7598001267

Student Counsellor: Provides emotional support, Advice, help and guidance
(Mrs. Julie Ashok, Contact no: 9751075937)

ANTIRAGGING COMMITTEE MEMBERS

Pondicherry Institute of Medical Sciences has a zero tolerance policy towards ragging. Severe action will be taken against offenders. Please feel free to report any incidents of ragging you have undergone or witnessed.

S. No	Name	Status	Mobile No.	E-mail
1	DR. RENU G'BOY VARGHESE	DIRECTOR - PRINCIPAL	9894436753	renugboy@gmail.com
2	DR. ANIL JACOB PURTY	REGISTRAR	9442233460	purtyanil90@gmail.com
3	DR. SHASHIKALA	LAB DIRECTOR -(NABL)/ CHAIRPERSON	9443265947	shashikalanair2@gmail.com
4	DR. PETER MANOHARAN.C	MEDICAL SUPERINTENDENT / CO-CHAIRPERSON	9447591100	peternirmala@yahoo.com
5	DR. NISHANTH RAJAN	VICE PRINCIPAL UG /MEMBER SECRETARY	9894930987	nishanth_paeddr@icloud.com
6	DR. MURUGAN	ASSOCIATE REGISTRAR	9360307344	drmurugannatesan@gmail.com

7	DR. NAYYAR IQBAL	CO-ORDINATOR MEU	9629180164	drinayyar@gmail.com
8	DR. SUJATHA M.P	DY. VICE PRINCIPAL UG	9790426438	drsuj85@gmail.com
9	MR. P. GEORGE THOMAS	GENERAL MANAGER (FINANCE & ADMINISTRATION)	9442314672	georgethomas_806@yahoo.co.in
10	DR. ANNAL ANGELINE G	PRINCIPAL - CON	9074982537	annalangeline@gmail.com
11	DR. SHWETHA OOMMEN	PRINCIPAL - CHS	8098891251	shweta.oommen@gmail.com
12	DR. I. SRIKANTH	PRINCIPAL - School of Physiotherapy	9626915828	srikanth1980@gmail.com
13	MRS. KALAIVANI	NURSING SUPERINTENDENT	9600234706	kalaikadir23@gmail.com
14	DR. SUJITHA.E	PARENT REPRESENTATIVE	9994205318	sujitha1976@gmail.com
15	Rev. Fr. JOBY GEORGE	WARDEN - MEN'S HOSTEL	63848 40815	frjobymgeorge@gmail.com
16	DR. PRIYA JOSE	WARDEN - WOMEN'S HOSTEL	7598001267	drjose.priya@gmail.com
17	MS. CHRISTEEN BRIGID A.	WARDEN - NURSES HOSTEL	9003955994	christeenbrigid@gmail.com
18	MR. KUMAR	SHO, KALAPET	0413 – 2655142 9442192493	
19	MR. L. SATHISH	ADVOCATE	9790166228 & 9345404073	sathish_adv@yahoo.co.in
20	MR. SARAVANAN	DINAMALAR, PONDICHERRY	9944469089	pdypreporting@dinamalar.net

STUDENT SUPPORT & GUIDANCE CELL

Being in a new environment, away from home with academic pressures can be stressful for some students. If you feel the need to talk to somebody about

personal/ academic problems the following faculty volunteers are available for confidential counseling.

Sl.No	Faculty Name	Mobile Number
1	Dr. Rema Devi, Anatomy	9449616653
2	Dr. Jayagandhi, Anatomy	9894257906
3	Dr. Bhavani Prasad, Anatomy	9585862326
4	Dr. Subhasis Das, Physiology	9003547362
5	Dr. Karthika Jyothish U, Physiology	8056592717
6	Dr. Sathiyamoorthy P, Physiology	9940865648
7	Dr. Sivaa, Biochemistry	9894302300
8	Dr. Meenakshi, Biochemistry	9444517749
9	Dr. Manjunatha CH, Pharmacology	9629352078
10	Dr. Aravinda Kumar, Pharmacology	944240024
11	Dr. Swetha Ommen, Pharmacology	8098891251
12	Dr. C M Kiran, Pathology	8940108005
13	Dr. G.Johny Asir, Microbiology	9894027181
14	Dr. Shashikala, Microbiology	9443265947
15	Dr. Sheela Devi, Microbiology	9443252922
16	Dr. Sandhya Bhat K, Microbiology	9444327316
17	Dr. Sujitha Elan Seralathan, Microbiology	9994205318
18	Dr. Arthi E, Microbiology	9790582852
19	Dr. Patricia Anita, Microbiology	9442485087
20	Dr. Meghna C, Microbiology	9487219861
21	Dr. Varun Krishna B, Forensic Medicine	9894117050
22	Dr. Anil J Purty, Community Medicine	9442233460
23	Dr. Stalin, Community Medicine	9677024644
24	Dr. Velavan, Community Medicine	9894078814
25	Dr. Rajesh Kumar Kondru, Community Medicine	9994959041
26	Dr. Vasanthi, General Medicine	9444234970
27	Dr. Ariganesan, General Surgery	9600262734
28	Dr. Pinkutty Sagar, Pulmonary Medicine	8657299653
29	Dr. Naveen Sake, Orthopaedics	9949550202

30	Dr. Padma, OBG	9443242595
31	Dr. Ramyavel, Anesthesiology	9487630425
32	Dr. Arawinth Raj, Radiology	9444655139
33	Dr. Priya Jose, Paediatrics	9600635906

Professional Psychologists and Psychiatrists are available in the hospital OPD 3rd Floor for further help.

STUDENT'S GRIEVANCE REDRESSAL CELL & COMMITTEE

Grievances related to Academic and Non – Academic issues of Undergraduate and Post-Graduate Medical & Nursing students within the campus and hostel may be addressed to the Nodal Officer of Grievance cell. The grievances should be sent through e-mail to **grievancecell@pimsmmm.net**

Contact No.:- 0413 – 2651143

STUDENTS' GRIEVANCE REDRESSAL COMMITTEE

Name	Designation	Status	Mobile No. & Email ID
Dr. Renu G'Boy Varghese	Director-Principal	Chairperson	renugboy@gmail.com 9894436753
Dr. Anil J Purty	Registrar	Member	purtyanil90@gmail.com 9442233460
Dr. Nishanth Rajan	Vice – Principal (UG)	Member	nishanth_paeddr@icloud.com 9894930987
Dr. Sujatha M.P	Dy. Vice Principal (UG)	Member	drsuj85@gmail.com 9790426438
Dr. P. Stalin	Vice Principal (PG & Research)	Nodal Officer	stalinprabakaran83@gmail.com 9677024644
Dr. Aparna Muraleedharan	Dy. Vice Principal (PG & Research)	Member	aparnamuraleedharan18@gmail.com 8940143403
Dr. Annal Angeline G	Principal (CON)	Member	annalangelina@gmail.com

			9074982537
Dr. Jayasankari	Vice Principal – CON	Member	jayasankari2010@gmail.com 9500559595
Dr. Shwetha Oommen	Principal - CHS	Member	shweta.oommen@gmail.com 8098891251
Dr. I. Srikanth	Principal School of Physiotherapy	Member	srikanth1980@gmail.com 9626915828

MENTORSHIP SCHEME

With the objectives of providing academic guidance and arranging for remedial measures for students, a mentorship program with faculty as mentors is in place. Each student is advised to meet their mentors on a regular basis to discuss their academic performance, any fears or personal problems and seek feedback on the same.

CAREER GUIDANCE CELL

In view of providing Career Guidance for the MBBS Students and Interns post MBBS Graduation, the career guidance cell was initiated and formed with the following members. Regular CME programmes on various career options for MBBS Students and interns are being conducted by the cell at regular intervals.

1. Dr. Nayyar Iqbal, Professor & HOD, General Medicine (Chair person)
2. Dr. Aravinda Kumar B, Asso.Professor, (Member Secretary)
3. Dr. Magi Murugan, Professor, Anatomy
4. Dr. Sunil Subramanyam, Professor & HOD, Forensic Medicine
5. Dr. Vignesh Kumar S, Asso.Professor, General Surgery
6. Dr. Kevin Manuel, Asso.Professor, Pathology
7. Dr. Nishanth Rajan, Vice Principal UG
8. Dr. Sujatha M P, Dy. Vice Principal UG

CHAPLAINCY DEPARTMENT SERVICES

CHAPLAINCY ACTIVITIES	DAY	TIME	VENUE
• Evening Prayer	Every Day	6.30pm	St. Mary's
• Evening Prayer	Every Saturday	6.00pm	Orthodox

<ul style="list-style-type: none">Holy Qurbana Morning PrayerMalankara Orthodox Holy Qurbana (Malayalam)Malankara Orthodox Holy Qurbana (English)MGOCSM Meeting	Every Sunday	7.00am	Chapel, PIMS
	First, Second &Third Sunday	7.00am	
	Last Sunday	7.00am	
	First & Fourth Sunday	10.00am	
Students Fellowship Meeting	Every Thursday	7.00pm	
	Every Last Sunday	10.00am	
All canonical prayers and Orthodox Worship of Malankara Orthodox Church calendar (Feast, Festivals and Lent)			
Patient Prayer Service (Tamil)			
Regular visit to all wards, <ul style="list-style-type: none">Patient Counseling, Prayer on request for all patients			
Marthoma Service	Once in two month	4.30pm	Prayer Hall, OPD – Block
Morning Devotion Daily	Monday to Saturday	7.45am	Prayer in Online
Hostel Prayer	Every Thursday	9.00pm	MBBS Girls Hostel
Hostel Prayer	Every Friday	9.00pm	MBBS Boys Hostel

Rev. Fr. Joby George	Chaplain	63848 40815: 94464 43815	*7850
Chaplaincy Department		0413-265 1452	

Prayer for PIMS & Bible Study	Every Tuesday	5.00pm	Prayer Hall, OPD – Block
E.U. Fellowship	Every Wednesday	5.00pm	Prayer Hall, OPD – Block
Nursing Students Fellowship	Every Thursday	7.00pm	St. Mary Orthodox Chapel, PIMS
College of Nursing Devotion	1 st working day of every Month	8.00am	Conference Hall, CON
Chunampet Holy Qurbana(Mass) & Devotion	Last Friday of every month	6.00pm	St. Mary Orthodox Chapel, Chunampet

Retreats for all batches of MBBS, Nursing & AHS Students.

Contact Details

COUNSELLING CELL Do you need someone to pray for you? Kindly send in your prayer requests to chaplain@pimsmmm.net . There is a group of people who can pray for your needs. You can remain anonymous

LIBRARY TIMINGS

Working days: Monday to Saturday
 Time: 8.00am to 10.00 pm
 Sunday 9.00am to 5.00pm
 Holidays: Holiday

BANKING FACILITY

CENTRAL BANK OF INDIA

ATM, 24 HRS SERVICE

Working days : Monday to Friday
 Time : 10.00am to 5.00pm

II and IV Saturday Holiday

STUDENTS CALENDAR 2024

14th October	Monday	Welcome Program / Orientation program -MBBS 2024
31st to 2nd November	Thursday to Saturday	Deepavali Holidays
15th & 16th November	Friday & Saturday	ROOTED
16th December	Monday	Carnival
20th December	Friday	Christmas Cantata
Winter Vacation - 22nd December to 1st January 2025		

2nd January	Thursday	College re-open
26th January	Sunday	Republic Day
31st March	Monday	Ramzan - Holiday
2nd and 3rd April	Wednesday & Thursday	EQUINOX- Academic Fest
5th April	Saturday	PTA Meeting (2024 batch)
14th April	Monday	Tamil New Year - Holiday

17th to 19th April	Thursday to Saturday	Easter Holidays
1st May	Thursday	May Day - Holiday
9th May	Friday	Student Council Election
Summer Vacation - 17th May to 25th May 2025		
26th May	Monday	College re-open
15th August	Friday	Independence day - Holiday
16th August	Saturday	De jure Transfer day - Holiday

Vehicles:

Students are not allowed to use Motor vehicles (two wheelers and four wheelers) inside the campus.

Any breach in the above rules will lead to confiscation of the vehicle.

Narcotics:

Any student found to possess or found to be under the influence of alcohol/ cigarettes / narcotics within the premises of the PIMS campus will be suspended from the institution for a period of **6 months**.

ATTENDANCE

A minimum of 75% attendance in theory and 80% in Practical's each academic year is compulsory according to NMC regulations. Students with lack of attendance will be able to appear for the examination only after one year.

Those students who are required to do extended durations will have to pay additional fees. Those students who miss university examination can appear only in the next university examination.

Report cards with student's attendance and marks are sent regularly to parents /guardians by post and E-mail. In case of non receipt of same, kindly contact Vice Principal UG Office

PONDICHERRY INSTITUTE OF MEDICAL SCIENCES

MBBS PHASE I WEEKLY TIMETABLE& IMPORTANT CALENDAR EVENTS – 2024 BATCH (w.e.f. 04.11.2024)

Day	8-9	9-10	10-11	11-1115	1115-115	115-215	215-315	315-415	415-5
Mon	IA / Formative/Term Exam/etc.		A	Break	Dissection	Lunch	Physiology / Biochemistry Practical		Sports / etc.
Tue	AETCOM / Comm. Med		A	Break	Dissection	Lunch	P	B	
Wed	P	P	A	Break	Dissection	Lunch	Physiology / Biochemistry Practical		
Thu	P	P	B	Break	Dissection	Lunch	Physiology / History Practical		
Fri	B	P	A	Break	Dissection	Lunch	Physiology / History Practical		
	8-9	9-10	10-1015	1015-115					
Sat	B	P	Break	ECE / Comm. Med FAP/Field visit					

Monday morning schedule (adjustable as per public holiday dates; **please check detailed schedule** published by departments from time to time)

1 st	Theory etc.: Anatomy / Physiology / Biochemistry – in rotation
2 nd	Anatomy IA
3 rd	Physiology IA
4 th	Biochemistry IA
5 th	Theory etc.: Anatomy / Physiology / Biochemistry – in rotation

Note: A = Anatomy; P = Physiology; B = Biochemistry; IA = Internal Assessment Exam; AETCOM = Attitude, Ethics and Communication skills; ECE = Early Clinical Exposure; FAP = Family Adoption Program (Community Medicine)

- Every **3rd Friday**, 8 am - 9 am: Biochemistry/Physiology alternating; 9 am - 10 am: **Monthly Mentor Mentee Meeting**; 10 am - 10:15 am – Break; rest as per timetable above
- Every **1st Saturday**, 10:15 am - 1:15 am – **ECE** in rotation
- Every **4th Saturday**, 8 am - 1 pm, Community Medicine **FAP** etc.
- **2nd, 3rd and 5th Saturdays**, 8 am - 10 am – Biochemistry; 10:15 am - 12:15 pm – Physiology; 12:15 pm - 1:15 pm – Anatomy
- **AETCOM** and **Community Medicine Theory** sessions on Tuesday mornings will be conducted in rotation

DRESS CODE

It is mandatory for all Undergraduate students to comply with the following dress code during working hours.

MANDATORY DRESS CODE:

Boys	-Scrubs, Shoes with Socks -Neatly combed hair, Neatly shaved.	Clean white aprons with name tag & ID card
Girls	-Scrubs, Shoes with Socks -Hair to be tied up to avoid falling on face	

RULES OF CONDUCT AND DISCIPLINE IN UNDERGRADUATE HOSTELS (MEN & WOMEN), P.I.M.S

HOSTEL STAY

All MBBS Students including 1st Year MBBS Students should compulsorily stay in PIMS Undergraduate hostels except for Pondicherry localities and students who stay with their parents.

RAGGING:

Ragging in any form is strictly prohibited in the hostel. Perpetrators will be dealt with suitable disciplinary actions including suspension.

DAY-SCHOLAR AND OUTSIDERS:

Parents, relatives, siblings, days scholars etc are not permitted to stay overnight in the hostels.

P.I.M.S FACILITY FOR STAY

Parents may avail International Guest House,
Contact MR.SUJAI .B, Junior Assistant Manager, Mobile No: 9940142427

BANNED ACTIVITIES AND GROUP ACTIVITIES:

Possession or use of alcohol, addictive drugs, narcotics and tobacco products is strictly prohibited within the hostel. Students found in possession of or using any of these, or found to be under the influence of these substances will be asked to vacate the hostel immediately and suitable disciplinary action will be initiated against the individual. The security guards in the hostel have the authority to check the incoming baggage of students for the purpose of detecting contraband items being taken into the hostel.

VALUABLES:

Each student shall be responsible for her/his belongings. The college is not responsible for any theft or loss of valuables. Reporting of theft if any, must be made immediately in writing to the warden.

HOSTEL ROOMS AND COMMON AREAS:

Each student shall be responsible for keeping her/ his room clean and tidy.

Furniture and fitting provided in the rooms/ common rooms/ mess / bathrooms etc., should not be damaged or removed. Loss or damage will have to be financially compensated by the persons responsible for it.

Students are required to switch off room lights and fans, bathroom lights, AC, exhaust fans and geysers when not in use, especially during the daytime.

INTIME

Men's Hostel – 10.00 pm

Women's Hostel – 9.30 pm.

Any student found violating this rule will be subject to a fine of Rs. 2000/-.

Students will be allotted rooms based on bed availability. Please ensure you do not cause any inconvenience to your roommates, especially juniors who may be newly assigned to your rooms.

Biometrics Schedule:

Morning Session: Before 8:00 AM.

Evening Session:

Men's Hostel - Between 7:30 PM and 10:00 PM.

Women's Hostel - Between 7:00 PM and 9.30 PM.

Evening Protocol:

After completing the evening Biometrics, you must stay within the Hostel premises. Should you need to leave the Hostel after 10:00 PM due to an emergency, please obtain permission from the Hostel Warden.

Sundays and Holidays:

If you plan to exit the campus, ensure to complete your Biometrics before leaving.

Attendance Registration:

You may register your attendance using FACE ID, Biometrics, or a combination of both.

MESS:

Inventories: Additional usage of electrical devices like TV, Cooler, Fridge, Induction Stove, Micro oven, Kettle, Table Fan, Air conditioner will be liable for extra electrical charges.

In view of student's health and safety, it is made mandatory for all students staying in the hostel to consume food from the hostel mess only.

Students are not permitted to carry mess food or mess crockery / cutlery to their rooms.

HOSTEL TIMINGS AND 'OUT-PASSES':

No one will be permitted to remain in the hostel during class hours, unless certified by the PIMS "Staff Student Health Clinic" to be sick and unfit for attending classes.

Each inmate must adhere to hostel timings as fixed by the authorities. All resident students must be inside the hostel before In time

No one should leave the campus without the Warden's permission

While going home, 'OUT PASS' has to be obtained from the Warden.

No 'Out- Passes' will be issued

- During institutional activities such as College Annual sports week, AURA, EQUINOX, Graduation day and students council handing over ceremony etc.,
- Between 8.00am and 4.00pm on week days, and between 8.00am and 1pm on Saturdays, except those days specified in the institutional Holiday list.

DECORUM AND MORAL VALUES:

An atmosphere conducive to study should be maintained. Loud music and watching television/videos with loud volume is not permitted.

VEHICLE:

Adequate vehicles and transportation facilities are available from PIMS to town and back.

Students are not permitted to possess any vehicle (two/four-wheelers) inside the campus and if found will be fined appropriately.

In the event of any mishaps/accidents the parents are solely responsible for their wards.

MESSAGE TO STUDENTS

1. Maintain studies as your first priority.
2. A good attendance and Internal Assessment record will relieve much of your academic Stress.
3. Enjoy campus and hostel life responsibly.
4. Develop your existing talents and learn new activities.
5. Co-operate with and respect your seniors and peers.

THE PIMS SURVIVAL GUIDE

AROGYA RAJ DE JOSEPH, NALINCHANDER A, ARJUN S NAIR AND SOUBIKSHAA
(Editorial Secretaries of PSC'23 & L&D Secretaries-2024)

Hello Freshers! We, AROGYA RAJ DE JOSEPH, NALINCHANDER A (2020 batch - Editorial Secretaries of PSC'23) & ARJUN & SOUBIKSHAA (2021 Batch -L&D Secretaries of PSC'24), are delighted to help you explore PIMS and make the first step of your journey as a PIMSonian a little easier. Climb on board as a new world of dreams and aspirations awaits you!

LIFE AS A FRESHER

Two years ago, we were freshers, and we've certainly come a long way since then. On our orientation day, most of us were nervous. The uncertainty of entering a new environment only fueled our apprehension. Were all our concerns justified? Some were, and some were not. So, let's revisit a few topics that may be causing you unease and help put your mind at ease.

ACADEMICS

We understand that getting here hasn't been easy. From the intense pressure of board exams to the stress of entrance test preparations, securing a seat in a medical college is no simple feat. So, it's perfectly normal to feel afraid. Medical

school is demanding and requires immense discipline, dedication, and self-motivation. At times, you might even doubt yourself when faced with challenges and setbacks. But remember, everyone-from your roommate to the class topper-faces similar struggles. You just need to have faith in yourself and push through. You're on a one-way path now, and no matter how tough the journey gets, there's no turning back. While you won't have as much free time as your non-medical friends, once you start enjoying the course, you'll find it easier to spend your time productively. Discover a study routine that works best for you. Whether it's studying at 1 a.m. in your room or at 5 p.m. in the library, find your rhythm and stick to it. Don't hesitate to try a book that others may find difficult-what you learn now is not just for exams, but for saving lives in the future.

The library is open until 10 p.m. on weekdays and Saturdays, and until 5 p.m. on Sundays. Please prepare well for your internals and, most importantly, **maintain your attendance**

No attendance=No university exam.

SENIORS

Medical college seniors often have a notorious reputation for obvious reasons. We, too, were once terrified of ours. But let's set the record straight. Ragging is banned across India, and your seniors have no intention of ragging you. They simply want to get to know you better. Fostering a sense of teamwork among students and between different levels of learners such as juniors and seniors is integral to the educational experience. Respect for seniors and juniors is a crucial part of that. If you're polite and respectful, they'll be kind to you-especially when it matters most, like during exams.

From our experience, the seniors we once found intimidating turned out to be incredibly helpful and kind. So, treat them with respect, and you'll enjoy interacting with them. If you encounter a senior who seems like a fire-breathing dragon, remember they may just be one of the sweetest people you'll ever meet-and who knows, you might even become great friends.

That said, if you ever feel uncomfortable or experience harassment that requires external intervention, know that PIMS has a reliable and strictly confidential Anti-Ragging Committee ready to address any concerns you may have.

LIFE ON CAMPUS

For all the sports and cultural enthusiasts, life at PIMS isn't just about studying. We offer a wide range of extracurricular activities. From tennis, basketball, hockey, and volleyball to cricket, football, badminton, and many more, there's no shortage of sports to keep you active. Our campus also features a well-equipped gym with separate time slots for men and women, helping you take care of your body, mind, and soul.

The L&D Society, the PIMScope editorial team, National Service Scheme (NSS), National Cadet Corps (NCC), and the PIMS Rotary Club provide excellent

opportunities to enhance your overall student experience. We conduct regular academic and non-academic debates throughout the year which significantly enhances your engagement and development. The annual interhouse and interbatch cultural events offer a platform for dancers, actors, and musicians to showcase their talents.

Our star event, **AURA**, and the academic event **EQUINOX** attract participants from colleges all over India. AURA 2024, held in the month of September, was a massive success, drawing a huge crowd from across the country, with star performers from Vijay TV like Adithya & Reshma.

ROOTED is a religious conference that our college hosts each year, bringing together students and community members for a series of lectures, discussions, and activities focused on spiritual growth and faith-based topics. The event aims to deepen participants' understanding of their beliefs, foster a sense of community, and provide a platform for exploring and sharing religious perspectives.

You'll find many opportunities to participate in these events starting from your first year, and you'll soon realize these experiences are what truly teach you the value of work-life balance. So, don't hesitate to explore new activities or reignite old passions-you definitely won't regret it.

HOSTEL LIFE

For many of you, this may be the first time you're leaving the comfort of home. It's okay to feel scared-new place, new people-it's a lot to take in. But with time, you'll find a home away from home here at PIMS. Step out of your comfort zone, interact with others, and make new friends, as they will become your family and support system. Treat the place you stay in with the same respect you would give your own home.

Now, let's talk about the roommate situation, which is a mix of luck and a bit of cooperation. You might click with your roommate from day one, or it could be a challenge. Be empathetic and learn to compromise. If you're an early bird and your roommate's a night owl, an eye mask can help you both coexist peacefully. In hostel life, it's the little things that count. And if things go well, your roommate could become one of your closest friends.

FRIENDS

Be open to connecting with everyone, no matter where they come from. Some of the bonds you form here will last a lifetime-who knows, one of them might even be your PanchavanParivendan. Don't hesitate to try new things and embrace new experiences. Your circle of friends will be a crucial part of your journey through life. The people you meet here may be different from those you've known your whole life, and that's where the adventure begins.

Choose your friends wisely. These are the ones who will rush you to the hospital when you're unwell and stay up with you at 3 a.m. when homesickness hits

PONDICHERRY TOWN

To all the hostelites, you're living in Pondicherry now, so take some time to explore this fascinating place. From Rock Beach to the museums, there's so much to see. However, remember to inform the hostel warden before leaving campus if you're heading to town, and always ensure you return before the hostel's in-time.

For those used to city life, you'll find Pondicherry to be a serene and peaceful escape. How do you get to town? There's a bus every 15-20 minutes from the main road, and if you're lucky, you might catch the one that comes directly to campus. Auto-rickshaws on campus can also take you to town, but they tend to charge significantly more.

FOOD

We understand that many of you might be concerned about the **food** here. Besides the hostel mess, which operates from 7:00–8:00 a.m. for breakfast (7:00–10:00 a.m. on weekends), 12:00–2:00 p.m. for lunch, and 7:30–10:00 p.m. for dinner, PIMS offers a variety of dining options. While the food may not match the taste of home, you'll soon get accustomed to the new flavors. For food enthusiasts, Pondicherry University, just a few kilometers away, boasts a range of restaurants.

On-Campus Dining

- **Le Bistro**

Le Bistro will quickly become a familiar spot, as it's one of the few places open until 11:00 p.m. You can either dine in or take away. They accept cash and Google Pay.

Contact Number: 76398 46062

- **Zenith**

Located near the Registrar's office, Zenith is a popular choice right after admission. It's ideal for a quick bite if you miss breakfast at the hostel. Both dine-in and take-away options are available, with cash, cards, and Google Pay accepted. Zenith also has an air-conditioned restaurant near the library offering Indian and Continental food. Though a bit pricier, the food is hygienic and delicious. Note that they only offer dine-in service and do not deliver to the hostel.

- **Nescafé**

This small stall near the OPD is a favorite for refreshments. Enjoy snacks like Masala Maggi and sandwiches, along with your daily dose of caffeine and juices.

- **La Pause**

For a cup of coffee, Horlicks, Boost, or any other refreshment while studying, La Pause is the place to go. It's open almost 24/7.

- **De Cellar**

It is a bustling canteen located in the heart of the OPD building, serving as a vibrant hub where students, staff, and visitors can gather for a variety of refreshments and meals throughout the day.

Around Campus

- **Just Cakes**

A great spot for sweet cravings and birthday cakes. They offer both delivery and dine-in options and accept cash, card, Paytm, and Google Pay.

Ordering-In

Food delivery services like Swiggy and Zomato have been available since 2019. For unpredictable cravings, you can order from various restaurants in and around Pondicherry.

MISCELLANEOUS

In and around campus, you can pick up groceries at **AnnaKadai**, located near Zenith, which stocks basic essentials. If you're looking for something specific, you can explore shops like Nilgiris and Vijayaganapathy in town.

For online shopping, **Amazon**, **Flipkart**, **Myntra**, **Nykaa**, and others deliver directly to campus, usually dropping off packages near the MRI Gate.

Xerox Shop & Softies

Located near the OPD, this shop offers Xerox services, spiral binding, phone recharges and now ice cream are also available. The library also provides printing services.

Bank and ATM

A bank is situated in a building near the main gate. PIMS has two ATMs: one next to the bank and another next to the Xerox shop (right outside the OPD).

Laundry

Laundry services are available upon request, including ironing and washing situated just outside the hostel within the campus and another just outside the main gate

STUDENT ACTIVITIES:

Each year, the student body elects a **Student Council** to oversee student activities. Students are divided into four houses-**Fortius**, **Altius**, **Citius**, and **Ulterius**-based on various talents and factors, as determined by the House Captains (Girls & Boys). The Student Council organizes a range of inter-house and inter-batch events throughout the year to keep the campus lively.

These activities include music and dance competitions, carnivals, academic events, festival celebrations (like Holi, Diwali, Cantata, Onam), donation drives, campus clean-ups, movie nights, inter-collegiate fests, workshops, and more. We encourage your active participation and input to ensure a vibrant and memorable college experience!

Additionally, we have an in-house magazine, **PIMScope**, which highlights the literary contributions of our students and faculty.

About PIMScope :

PIMScope is PIMS's in-house magazine, published tri-annually. You are welcome to submit articles, poetry, or artwork to the editorial team. Follow PIMScope for regular updates on campus events. If you're interested, please email your submissions to pimscopemmm@gmail.com.

Students are encouraged to engage in extracurricular activities for holistic personality development. The Chaplaincy Department also organizes annual retreats for students.

Our campus is lush with greenery, attracting various local bird species. Over the past year, we've added many new fountains and gardens, enhancing the campus's vibrancy. We also have courts and grounds for multiple sports, as well as gym facilities.

In line with NMC directives, first-year students are required to participate in sports events during the first month (Foundation Course) after joining, as organized by our Physical Education Department.

We hope this guide helps you navigate your college life at PIMS. Welcome once again, and best of luck

STUDENT COUNCIL MEMBERS - 2024

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COLLEGE SONG

Carved beautiful on the glittering shore
Green fields, palms, blue skies
Far and near many journeyed here
Friendship and trust for all to share

We consecrate our Alma – Mater
To Him with sacrifice
Joined together we will bring
Hope and comfort to this land

Reach the unreached, the mission at hand
Step by step we will march ahead
With faith, love and purity
Lift high the banner of victory

Be the anchor God Almighty
P.I.M.S., Shine your light
Be the anchor God Almighty
P.I.M.S. Shine your light...
Shine your light